

Did you not get the healthcare you needed?

We can give free advice and information about your rights in the health and care services. We can help you figure out if your healthcare is good enough.



## Anybody can contact the Health & Social Services Ombudsman to tell their story.

- · You will receive information about rights
- You can get help understanding complicated issues
- What is it wise for you to address first and who you should contact?
- We can help you formulate and communicate questions, feedback, and complaints
- How do you complain about treatment or decisions about your right to health and care assistance?
- If necessary, we consider joining you in meetings with services
- How do you apply for compensation?

Our help is free, and you do not need a referral to get in touch. We have a duty of confidentiality, and you can be anonymous.

Not sure if we can help you? Get in touch anyway and we can figure it out together! Call us at:

40 50 16 00

Contact information for our local offices: pasientogbrukerombudet.no



The work of the Health and Social Services Ombudsman covers public health and care services, including dental health.